

BOOK CLUB  
QUESTIONS  
FOR  
DISCUSSION

THE  
TRUTH  
IS  
A  
LIE

# The Truth is a Lie

## Questions for Discussion

What is the significance of the title?

There was no time period mentioned. Why do you think the author didn't give a year or time stamp?

Sara starts out wanting to be invisible, to fade into the background – what feelings did that evoke for you?

Sara has a passion for art and hides it. What other things did Sara hide that Jehovah didn't approve of?

Sara's art was very important to her. Do you think it had any influence on why she decided to use her voice and do what was right, even though it meant going against Jehovah?

Early on Sara was confronted with several issues within the Jehovah's Witnesses that are quite common. How did you feel about Sara as a character as she tried to validate the rules of the Jehovah's Witnesses?



# The Truth is a Lie

## Questions for Discussion

When do you think Sara began to crack and start questioning in her own mind about the truth of the Truth?

Was there a character you related to and why?

Did the characters seem believable to you? Did they remind you of anyone you know? Knowing that this book is based on true-life events, did any of the actions of the people in authority surprise you?

Rachel was indicative of many young women and men who join the Jehovah's Witnesses through the slow indoctrination process. They believe that they are going to receive eternal life on paradise earth. Rachel was afraid to go to the police, even though her prior life told her that was the thing to do. Do you think she put too much pressure on Sara? Should she have told Sara about the rape? What other choices did Rachel have – within the cult?

Did you learn anything new about the cult of Jehovah's Witnesses and if so, what was the most shocking thing you learned?

Did this book help you to see how people can join a cult, and how hard it is to leave? Why do you think the author wrote this as fact-based fiction instead of a memoir?

### NOTES:

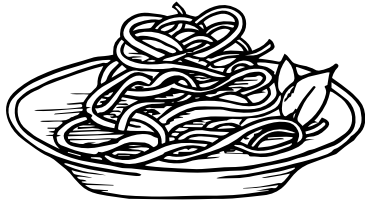


# COOK A MEETING NIGHT DINNER FOR YOUR BOOK CLUB



\*All meals must be prepared by a female. Meeting nights quick meals with easy clean up are preferred so no one is late. Being late to meetings is frowned on and a Jehovah's Witness will be gossiped about.

These are two typical meals my family had on Meeting Nights



## Meeting Night Pasta

1 Package of Dry Spaghetti

1 Jar of Your Favorite Pasta Sauce

Parmesan Cheese (in the can)

- Prepared the spaghetti according to the package directions.
- Drain
- Return to pan.
- Dump the entire jar of your favorite pasta sauce over pasta.
- Stir.
- Sprinkle with parmesan cheese.
- Serve

## Meeting Night Garlic Bread

1 Loaf of Sliced Bread (any kind)

Margarine

Garlic Powder

- Arrange bread on a cookie sheet.
- Spread each slice with a thick layer of margarine.
- Sprinkle with garlic powder
- Broil until toasty
- Serve with Meeting Night Pasta

## Meeting Night Vegetables

1 or 2 Cans of any Vegetable (Mixed Veggies are the Best)

- Open can
- Dump contents into microwave safe bowl
- Heat
- Serve with Meeting Night Pasta and Garlic Bread

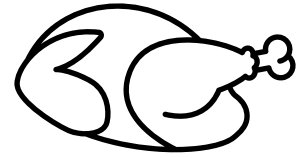
## Dessert

Ice Cream that comes in a big tub. Pick a flavor no one likes.

## Meeting Night Chicken

One Whole Chicken

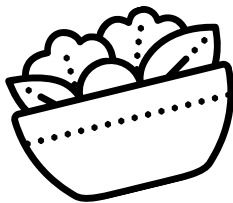
Do not season the chicken.  
Place in an oven proof baking dish.  
Cover with foil.  
Bake until chicken is dry.  
Serve



## Meeting Night Biscuits

One package of Pillsbury Biscuits in the Can

Open can.  
Arrange biscuits on baking pan.  
Cook according to directions.  
Serve with Meeting Night Chicken



## Meeting Night Salad

Iceberg Lettuce

Tomato Slices

Olive Slices (optional)

Hidden Valley Ranch Dressing or Thousand Island Dressing

Cut lettuce into bite size pieces and place in a large bowl.  
Arrange tomato slices on top.  
Add olives.  
Drench in dressing of your choice.  
Serve

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